

# Dunfermline Amateur Swimming Club

Newsletter: Nov 2011

Hon Life President Phil Smithard  
Secretary Mike Tate

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## Upcoming Events

- ◆ Galas
  - Graceful Swim 18<sup>th</sup> Nov
  - School's A Meet 22<sup>nd</sup> Nov
  - ED Masters 27<sup>th</sup> Nov
  - LDD Meet 22<sup>nd</sup> January
  - Fife Leagues
    - 11<sup>th</sup> March
    - 22<sup>nd</sup> April
    - 20<sup>th</sup> May
    - 17<sup>th</sup> June
- ◆ Committee Mtgs
  - December 5<sup>th</sup>
  - January 9<sup>th</sup>
  - February 6<sup>th</sup>
  - March 5<sup>th</sup>
- ◆ Social Dates
  - Presentation Night 9<sup>th</sup> Dec @ Rosyth Civil Service Club

## Good Ideas

There's always room for some new ideas especially at this time of year.

We will be making an order for personalised 'hoodies' during the first week of December – if you would like any for Christmas, let Dot know now.

For those who like to shop online you can raise funds for the club with every online purchase through [easyfundraising.org.uk](http://easyfundraising.org.uk) Follow the link on the website Home page and register, it's quick and painless. All the usual retailers are there and you get the same deals and the club gets a donation from the website.

## Welcome

We have had a particularly busy time since the last newsletter with galas and now AGMs and we hope to bring you up to date here.

### Future Pooltime

We still await the opening of the new Carnegie Centre and it is unlikely to be before January. The committee are trying to secure good pool time but this has not been an easy task and continues. Currently we do not expect Bronze & Silver squad sessions to change either time or location but will get information out as soon as we can.

Cowdenbeath centre closes in December until January and we are seeking alternative times for the late Friday night and Saturday sessions.

News on Christmas closures and 2012 pool times will be made available as soon as they are finalised.

## DASC AGM 2011

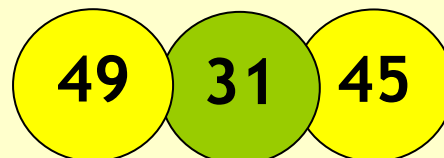
During the break at the Club Champs the 2011 Annual General Meeting took place. This was a well attended meeting and the annual reports were all approved. Thanks, in part, to our fantastic volunteers the Treasurer has proposed no increase in Club Membership Fees and despite increasing Pool Costs at the FSLT facilities swim fees are also remaining at the present level, subject to regular review. While new committee members came forward there are still vacancies. Some of the present committee have served for over 4 years and it is good to get some new thoughts and ideas into the running of the club.

### 2012 Committee

President	Phil Smithard(acting)
Vice-President	-
Secretary	Mike Tate
Treasurer	Dot Gourlay
Committee	John/Donna Bicket
Committee	Denise Wilson
Committee	Keith Falconer
Committee	Iain Tait
Committee	John Baigrie
Committee	Laura Meade
Committee	Paul Nicholson

## Bonus Ball

The August draw was won by No. 49 Coach Richie Metcalfe followed in September by another success for Caralynn Rowe with number 31. Justina Hayes was the October winner with No. 45. Well done to all three.



Next draw is November 26<sup>th</sup>.

## Presentation Night

The annual presentation night takes place next month and tickets are now on sale. We have moved to a larger venue this year after the 2010 sell out despite the weather.

The night includes presentation of Club Trophies, Disco & Buffet. Our guest this year is Andrea Gellan, InCAS President and keen open water swimmer who made headlines earlier in the year by being the first person to swim from Orkney to the mainland.

Venue: Rosyth Civil Service Club

Date: 9<sup>th</sup> December

Time: 7pm-11pm

Tickets:

Family £14

Individual £3.50



## Gala Notifications

Following the successful trial of "Teamer" it has been proposed that this will be the main method of notification for Galas which have limited entries.

This will include meets such as the League's and Geordie Wotherspoon Gala, where we have to name teams in advance and Friendly galas.

Open galas such as our own Mini Sprint and the recent Bo'ness and Alloa meets will continue to be advertised on the website with entries there.

There have been some teething difficulties so anyone who has any problems using these systems please contact the webmaster or Secretary. We don't want anyone to miss out on gala opportunities.

[www.dasc-swim.co.uk/](http://www.dasc-swim.co.uk/)

**STOP PRESS:** LDD Development Gala entries now open. This is a great gala for all club members who are aged 9, 10 or 11 at the end of 2012. Entries should be made by the end of November

## Gala News

### Geordie Wotherspoon

13 swimmers took part in the Gala with some notable performances:

1st place for Cara - girls 10-12 50m Fly  
2nd places for Levi - 9 & U 25m Fly, Devon - 9 & U 25m Free and Morgan - girls 10-12 50m Freestyle

3rd places for Lewis - boys 9 & U 25m Back and the 10-12 girls Medley Relay team (Morgan, Rhanna, Cara & Alex).

Unfortunately we didn't have enough swimmers to compete in the boys 9 & under and boy's 10-12 relay.

Congratulations to all the swimmers for some fine swims and once again doing the club and your coach's proud.

### Fife Championships

10 swimmers represented the club in the Individual Medley events Alison Tate came out best in the girls and Greig achieved Silver in the 8-10 boys.

In the afternoon the 50m sprints proved very exciting. Rebecca, Douglas, Greig and Sian all made finals with the boys bringing home the medals. Greig with four Silver medals and Douglas converting his 4th place in the Butterfly heats into a Bronze medal.

### Boness Mini Meet

At the annual Bo'ness mini meet on the 9th of October some of our novice swimmers took part and brought home a good haul of medals.

Alisha Cook in her first open gala recorded a PB in 50m Freestyle while Cara Kearsley also got PBs in 50m Butterfly & 50m Freestyle.

Cameron Baigrie medalled in his 50m Butterfly and 50m Freestyle to make it through to the Boys 9 & U IM Final.

Alexandra Meade also made her IM Final following a Bronze medal in the 50m Freestyle and a top six finish in 50m Backstroke.

Levi Wilson had the best day of all getting both PBs and medals in all of her swims.

### Alloa Graded Meet

Good performances at the Alloa Graded Meet resulted in PBs in every event. Greig Rowe got a 20 second PB and third place in the 200m IM. Alison Tate followed in the 200m Free with a well paced swim. Greig just missed out of the medals by just 1 second in the 100m Free. Alison got another PB with good 50m Free, again a fraction outside medal time.

Cara Kearsley secured a PB in 100m Free and followed that with another good result in 50m Back. Greig got another PB in 200m Free and then finished the day with a mighty effort to complete 100m Fly.

### Club Championships

The annual championships attracted over 60 swimmers from across the club and there were some great swims and PBs. All participants received a certificate and the Dolphins were each rewarded with a medal. The age group winners were;

Age Group	Girls	Boys
8 & Under	Kirsty Balfour	Euan Durkie
9-10 Years	Sian Thomson	Greig Rowe
11-12 Years	Cara Kearsley	Lewis Campbell
13-14 Years	Alison Tate	Douglas Gourlay
15-16 Years	Rebecca Gourlay	Hamish Watters
Over 16 Years	Nicola Tate	No Competition

Despite some last minute problems that delayed the start the gala ran well and thanks go to all the volunteers both poolside and on the balcony. Thanks also for the great support from the balcony and congratulations to all the swimmers on their performances.

The Club Trophies will be presented on 9<sup>th</sup> December at the Presentation Night along with mementos for all the members.



## Masters

### Inverclyde

The senior swimmers performed brilliantly at the Inverclyde Masters in Greenock.

Robin Balfour started the day with a meet record in 200m Freestyle, Calum Fraser had a brilliant 27.47sec swim in the 50m Butterfly to get a meet record and beat the Scottish Record. Unfortunately their were not enough timekeepers present so the time could not be accredited.

Michael Kane joined in with meet records in the 50m Breaststroke and 100m Individual Medley. The girls were not to be outdone and Carolynn Vogel received the Best Girl Award while Terri Hinley who has only been competing for just over a year recorded 1st place results in the 200m Freestyle and 200m Breaststroke.

The team came together to win the Mixed Medley Relay beating the nearest team by over 4 seconds and scoring second place in the Freestyle Relay.

The performances over the day resulted in sixth place overall, a great result for such a small team

## Kirkcaldy Loony Dook

For those looking to keep active over the Christmas period or help a charity the organisers of the Loony Dook asked us to advertise this event to club members

If you'd like to sign up to raise money either for Prostate Scotland or a charity of your own choice then drop us an email on loonydook2012@hotmail.co.uk and we'll send you your registration & sponsor form :-)

<https://www.facebook.com/pages/Loony-Dook-Kirkcaldy-2012/197227653679296>

## Courses

A Level 1 & Level 2 Teaching/Coaching Aquatics will hopefully be run in the New Year.

During the December East District Meet Judge 1 (Sat 3<sup>rd</sup> PM) & Judge 2 Sun 4<sup>th</sup> Dec PM) courses will be run

Anyone interested in doing any of these or Timekeeping please let me know [secretary@dasc-swim.co.uk](mailto:secretary@dasc-swim.co.uk).